

original 

BY THE DIRECTOR OF 'LULLABY' AND 'QUERER'


SUNDAYS


LOS DOMINGOS

A FILM BY ALAUDA RUIZ DE AZÚA




FAMILY SUNDAYS
WILL NEVER BE THE SAME

original 

buenapinta 

 COLOSÉ
PRODUCCIONES

 Sayaka
PRODUCCIONES


ENCANTA FILMS

THINK

LOS
DESENCUENTROS
PELÍCULA, A.I.E.

Le Pacte



BTEAM
 PICS



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SYNOPSIS

SUNDAYS (Los Domingos) tells the story of Ainara (Blanca Soroa), a brilliant and idealistic 17-year-old who must decide what to study at university. Or, at least, that is what her family expects her to do. However, the young woman says she feels increasingly close to God and is considering embracing the life of a cloistered nun. The news takes the whole family by surprise, causing a rift and putting everyone to the test.









CREW

A ORIGINAL MOVISTAR PLUS+ FILM
PRODUCED BY BUENAPINTA MEDIA, COLOSÉ PRODUCCIONES, SAYAKA PRODUCCIONES,
ENCANTA FILMS, THINK STUDIO, LOS DESENCUENTROS PELÍCULA A.I.E. Y MOVISTAR PLUS+
IN ASSOCIATION WITH LE PACTE, WITH THE FINANCIAL SUPPORT OF ICAA, LA COMUNIDAD DE MADRID AND CREA SGR
WITH THE COLLABORATION OF GOBIERNO VASCO (BASQUE AUDIOVISUAL).

Director and Screenwriter – Alauda Ruiz de Azúa
Producers – Marisa Fernández Armenteros, Sandra Hermida, Nahikari Ipiña, Manu Calvo.
Executive producers Movistar Plus+ – Guillermo Farré, Fran Araújo
Associate producers – Jean Labadie, Alice Labadie
Production Manager – Itziar García Zubiri
Director of photography – Bet Rourich
Production designer – Zaloa Ziluaga
Costume designer – Ana Martínez Fesser
Make-up designer – Ainhoa Eskisabel
Hairdresser – Jone Gabarin
Sound – Andrea Sáenz Pereiro
Editor – Andrés Gil
Sound Editor – Mayte Cabrera
First assistant director – Martín Bustos

CAST



Blanca Soroa
AINARA



Patricia López Arnaiz
MAITE



Miguel Garcés
IÑAKI



Juan Minujín
PABLO



Mabel Rivera
MARÍA DOLORES



Nagore Aranburu
MADRE PRIORA

DIRECTOR'S NOTE

Difficult dilemmas are what motivate me. That place where you find yourself torn between what you should do, what you want to do, and what you feel.

SUNDAYS came to mind because of an anecdote I heard some time ago: an 18-year-old girl decided to enter a cloistered convent overnight. Her family's attempts to convince her not to do so were in vain. Why would someone become a cloistered nun at that age? Why decide to turn your back on the world just as you are entering adulthood?

How can you convince someone that adulthood is worthwhile when the outside world can be uncertain and difficult?

The cloistered vocation is perhaps one of the most extreme expressions of the search for a place in the world, , and it soon struck me as the perfect excuse to question the family as our natural refuge.

At the end of the day, whether we are atheists, agnostics, or believers, we need to believe in something in order to carry on. We all take gambles of faith. We all bet on something, we commit ourselves to different relationships without any absolute proof that they are real. It feels real and that is enough for us. There are those who believe in God, others in their partners, and some in the family as something indissoluble.

The film is titled Sundays (Los Domingos) because for Catholics, Sunday is the Day of the Lord and for many families it is a day of gathering and reunion, often out of obligation. How many families argue for hours at Christmas? How many are reluctant to make family commitments? That's where this story began, which talks about how difficult it is to break away from the family because, even if they are not close, family ties are not like any other.

Religion and spirituality are very present in the film. Rituals, vocational processes, the routine of the convent, even the kind of intimate conversation a priest might have with a minor in the context of spiritual guidance.

I have tried to portray this universe from a very rigorous perspective, after having done arduous research. As a filmmaker, I opted for a certain nakedness in the language, in letting the characters breathe as they are and in allowing us to observe them from an intimate perspective, but at a distance. At the same time, I have seen how spirituality seeps into the formal through many cracks. In the same way that what the characters do not say is as important or more important than what they do say, I have also carefully chosen what remains out of frame, what is not seen... such as divine figures or statues. I opted for a single soundtrack: a choir.

That choral music dresses everyday life with another depth, a certain sense of poetry, vulnerability. The spiritual is in the convent, but also outside of it. It is not a religious spiritual dimension, but an emotional one. That something more invisible that surrounds us all. The fragility of things. The loss of people we love. The breakups that happen without shouting or arguments. The first uncertain love. The abysses that open while nothing seems to be happening. The need to love or be loved that accompanies us throughout our lives as the feeling that everyone needs to believe in something.

Alauda Ruiz de Azúa

DIRECTOR'S BIOGRAPHY

ALAUDA RUIZ DE AZÚA

Alauda Ruiz de Azúa earned a degree in English Philology from the University of Deusto and in Audiovisual Communication from the UPV and later graduated in Film Direction from ECAM. After writing and directing several short films that enjoyed great national and international success, particularly **THEY SAY** ('Dicen').

In 2021, she wrote and directed her debut feature film, **LULLABY** ('Cinco Lobitos'), which won more than 30 awards, including **three Goya Awards, the Feroz Award for Best Screenplay, the Forqué Award for Cinema and Education in Values, the Gaudí Award for Best European Film, and the CEC Medal for Best New Director**, among others.

The film was selected at the **Berlinale, Seattle, Karlovy Vary, and Malaga** film festivals (where it won the **Biznaga de Oro for Best Film, the Award for Best Screenplay, the Award for Best Actress, and the Audience Award**), and went on to be nominated as the Spanish entry to the Oscars.

In 2024, she released her first fiction series, **QUERER** which won **three Forqué Awards, three Feroz Awards, and the Grand Prix at the Series Mania international festival**.

SUNDAYS ('Los Domingos') is her second feature film as a screenwriter and director.

CASTS' BIOGRAPHY

BLANCA SOROA

Blanca Soroa was born in 2008 in Galicia, although she grew up in Getxo from the age of 11. She began her musical studies at the age of six, demonstrating from a very young age great creativity that led her to train in both piano and lyrical singing.

Driven by her curiosity and passion for stage performance—which she had already developed in her musical training—she decided to take her first steps in acting auditioning for SUNDAYS. Her role as Ainara is her first film role.

PATRICIA LÓPEZ ARNAIZ

She holds a degree in Advertising and Public Relations from the UPV. She trained as an actress mainly in Vitoria-Gasteiz, and developed her skills with professionals such as Luis Blat, John Strasberg, and Juan Carlos Corazza.

Her first experience in audiovisual media came with '80egunean', the debut film by Jon Garaño and Jose Mari Goenaga (Moriarti). She collaborated on 'La herida' by Fernando Franco, and on the Baztan Trilogy by Fernando González Molina, which marked the definitive start of her career. He has worked with renowned directors such as Alberto Rodríguez,

starring in the series 'La Peste'; Alejandro Amenábar, in 'Mientras dure la guerra'; Manuel Martín Cuenca, in 'La hija'; and Julio Medem, in 'El árbol de la sangre'. In 2020, **she won the Goya Award for Best Actress for 'Ane'**, the debut feature film by David Pérez Sañudo (as well as receiving many other national awards, such as the Forqué, Feroz, and Ojo Crítico Awards, among others). In 2023, '**20,000 Species of Bees**', by Estibaliz Urresola Solaguren, premiered and **won awards at the Berlin International Film Festival, earned her the Feroz Award for Best Supporting Actress and the Biznaga de Plata at the Malaga Film Festival,**

as well as the award for Best Actress at the Hong Kong International Film Festival awarded to the film's female cast. In 2024, she starred in 'Nina', by Andrea Jaurrieta, which received the **Special Jury Prize at the Malaga Film Festival**, and 'Los destellos' by Pilar Palomero, which earned her the **Silver Shell for Best Performance at the San Sebastián International Film Festival**, as well as nominations for most of the national awards of the year, such as the Goya, Forqué, Feroz, and Medal of the Circle of Film Writers Cinematográficos, Unión de Actores y Actrices.

CASTS' BIOGRAPHY

MIGUEL GARCÉS

Miguel Garcés began his artistic career in the vibrant world of **independent theater**, forming part of iconic companies such as **Grupo de Teatro Zascandil** and **Zanguango Teatro**.

With the latter, he earned one of his greatest accolades: the **Max Award for Best Street Performance in 2020 for Al Otro Lado, a play he also co-wrote**. Parallel to his commitment to the performing arts, he has developed a solid career in the audiovisual field. In film, he has participated in critically and publicly acclaimed titles such as **Maixabel** (2021), **20,000 Species of Bees** (2023), and **Nina** (2024). His work continues strong

in the upcoming releases **Calle Málaga** and **El ser querido**.

On television, he has been a constant presence in high-profile productions such as **Intimidad** (2022), **Apagón** (2022), **Bellas Artes** (2024), and the **multi-award-winning Querer** (2024). Among the projects already filmed and scheduled for release are: **La Caza. Irati** (2025) and **El Refugio Atómico** (2025), which consolidate her versatility and presence in contemporary fiction.

JUAN MINUJÍN

Juan Minujín was born on May 20, 1975, in Buenos Aires, Argentina. He began his career in the late 1990s in theater and film. He appeared in films such as **El abrazo partido** (Daniel Burman, 2004), **Un año sin amor** (Anahí Berneri, 2005), **Sofacama** (Ulises Rosell, 2006), **Cordero de Dios** (Lucía Cedrón, 2008), and **Vaquero** (2011), **his first feature film as a director, in which he also starred**. He then acted in **Dos más dos** (Diego Kaplan, 2012), **Caito** (Guillermo Pfening, 2013), **Pistas para volver a casa** (Jazmín Stuart, 2014), **Focus** (Glenn Ficarra and John Requa, 2015) and **Zama** (Lucrecia Martel, 2017), which **premiered at the Venice and Toronto film festivals**. He also worked on **Los que aman odian** (Alejandro Maci, 2017), **Los últimos románticos** (Gabriel Drak, 2018),

Las buenas intenciones (Ana García Blaya, 2019) and **The Two Popes** (Fernando Meirelles, 2019). Then in **Matrimillas** (Sebastián De Caro, 2021), **La ira de Dios** (Sebastián Schindel, 2022), **El suplente** (Diego Lerman, 2022), in official competition at San Sebastián, **Without Blood** (Angelina Jolie, 2023) and **El Adulto** (Mariano González, 2024). In streaming television, he acted in **Epitafios**, **El marginal**, **100 Days to Fall in Love**, **The Internationals**, **Trapped**, and the recent **Coppola**, **The Representative**, **Menem**, and **Palermo Division**. **In theater, he worked as an actor and director in more than 20 plays within the independent and commercial circuits in Argentina and abroad.**

CASTS' BIOGRAPHY

MABEL RIVERA

Actress Mabel Rivera **began her theater career** in the 1970s, participating in approximately ten shows before **1984, the year in which the Galician Drama Center was founded, where she began working as a professional.** In Galicia, she is known as the star of TVG's most successful comedy, **Pratos combinados**, and for her role in Alejandro Amenábar's **Oscar-winning film, Mar adentro**, which earned her the **Goya for Best Supporting Actress and the S. Jordi Award for Cinematography**, among others. In addition to acting, **she has worked as a presenter, translator, assistant director, and voice actress.**

She has also produced, alongside cinematographer and television director Enrique Banet, documentaries advocating for the protection of nature, such as **El salario del silencio**, **Unha lousa**, and, more recently, **A loita final**.

Her most recent work includes her participation in the feature film **‘¡Salta!’**, directed by Olga Osorio, as part of the cast of the series **‘Esto no es Suecia’** for RTVE and **‘Rapa’** for Movistar+, and more recently, the series **‘Lume’**, premiered on TVG and MAX, and the feature film **SUNDAYS** by director Alaúda Ruíz de Azúa, which is awaiting release.

NAGORE ARANBURU

After her first steps in the **Antxieta Theater Group, actress and screenwriter** Nagore Aranburu has developed her career on stage, television, and film. Notable roles in feature films such as **‘Loreak’**, the first film in Basque to reach the Oscars and with which she **won the Latin Beat Festival Award in Tokyo**, **'Ane'** (2020), **‘Competencia oficial’** (2021), **‘La ermita’** (2023), **‘El bus de la vida’** (2024), and **‘Karmele’**, filmed this year. In television, she has also participated in acclaimed projects such as **'Aitareen Etxea'** (2015-16) and **‘Hondar Ahoak’** (2020), the

sequel to which, **‘Zeru Ahoak’**, has just been filmed, **‘Patria’** (2020), **‘El internado: las cumbres’** (2023) and **‘Cristóbal Balenciaga’** (2024). She has achieved great success recently thanks to her leading role in the series **‘Querer’** by Alauda Ruiz de Azúa, for which she has been **nominated for several awards** such as the Forqué Awards and the first edition of the InStyle Awards. In 2025, the film **‘Karmele’** by Asier Altuna, 'Maspalomas' by Los Moriarti, and the series **‘Zeru ahoak’**, the sequel to **‘Hondar ahoak’**, in which she also plays the lead role.



PRODUCTION COMPANIES

[BUENAPINTA MEDIA](#)

[COLOSÉ PRODUCCIONES](#)

[SAYAKA PRODUCCIONES](#)

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PRODUCTION COMPANIES



Marisa Fernández Armenteros founded Buenapinta Media in May of **2021**, after having co-produced the Academy- nominated documentary **The Mole Agent** by Maite Alberdi.

In 2022 she coproduced **Lullaby (Cinco lobitos)**, by Alauda Ruiz de Azúa. The film was **premiered at the Berlinale (Panorama) and won three Spanish Academy awards (Best first film, best main actress -Laia Costa- and best supporting actress -Susi Sánchez)**. Pedro Almodóvar endorsed **Lullaby "as the best debut of the Spanish Cinema for years"**.

Previously Marisa worked for 17 years at **The Mediapro Studio** with international directors such as **Isabel Coixet, Fernando León de Aranoa (The Good Boss), Woody Allen (Midnight in Paris) or Patricio Guzmán (The Pearl Botton)**.

Her last project at Buenapinta is **Un amor**, the new film by Isabel Coixet, in post-production.

Marisa is producer mentor at the acclaimed Spanish Incubator's development programme.

PRODUCTION COMPANIES



Sandra Hermida Muñoz is a Spanish film producer and production manager. She has produced **more than 30 domestic and international films**, such as **The Impatient Alchemist** (2002), **The Orphanage** (2007), **The Impossible** (2012), and **A Monster Calls** (2016). In addition, Hermida is a **co-founder and director** of **Colosé Producciones**, which she set up in 2004 with assistant director Javier Soto. Films produced by her company include **9 días en Haití**, a short documentary by Oxfam Intermón, **I Hate New York**, and **Mirage**.

PRODUCTION COMPANIES



SAYAKA Productions was created with the intent of making projects —especially different ones — happen. The innovative, intrepid character of the company was founded by directors **Koldo Serra, Borja Crespo, Borja Cobeaga, Nacho Vigalondo** and producer **Nahikari Ipiña**. Sayaka has produced Vigalondo's "Co-

lossal". "**Gernika**" by Koldo Serra. "**Open Windows**" by Vigalondo. "**Negociador**" by Cobeaga. "Extraterrestrial", "**Pagafantas**" and "**No Controles**" as well as "**Ti-mecrimes**". In 2022, they co-produced the feature film **Lullaby** by Alauda Ruiz de Azua.

PRODUCTION COMPANIES

ENCANTA FILMS

ENCANTA FILMS is a Madrid-based production company founded in 2004. **Its films have been selected for more than 1,000 festivals and have received over 280 awards, including 6 Goya Awards, 1 Meliés de Oro, Concha de Plata and Special Jury Prize at San Sebastián,** 4 Forqué Awards, 4 Feroz Awards, 1 Biznaga de Oro and 2 Biznaga de Plata.

PRODUCTION COMPANIES



THINK STUDIO was founded in Gipuzkoa by producer **Eneko Lizarraga Arratibel**, with **Sandra Her-mida joining the project as a producer**. As producers, they have participated in successful films such as **MARI(DOS)** (2023, Lucía Alemany), **WAYDOWN** (2021, Jaume Balagueró), **SI YO FUERA RICO** (2019, Alvaro F. Armero), **TRES BODAS DE MÁS** (2013, Javier Ruiz Caldera), **PROMOCIÓN FANTASMA** (2012, Javier Ruiz Caldera), and **SPANISH MOVIE** (2009, Javier Ruiz Caldera). Internationally, **CON-**

TRATIEMPO and **MIRAGE** (During the Storm in Spain), both written and directed by Oriol Paulo in 2016 and 2018, are **two of the biggest non-US studio hits in the world**, especially in China. **WAYDOWN** also reached #1 on Netflix USA, Canada, and Amazon Prime UK upon its release. **RABIA** (2010, Sebastián Cordero) **won the Biznaga de Oro in Málaga and the Special Jury Prize at the Tokyo International Film Festival**.

PRODUCTION COMPANIES

original 

Movistar Plus+ is Telefónica's leading entertainment platform in Spain, offering original productions and top-tier content in sports, film, series, documentaries, and shows. It provides on-demand access across all devices, regardless of the user's telecom provider.

Launched as a film production company in 2013 under **Telefónica Studios**, it has co-produced titles

like **Wild Tales**, **Palmeras en la nieve**, **Truman**, and **Champions**. Its first original film, **While at War** by Alejandro Amenábar, premiered in 2019, followed by **Modelo 77** and **Soy Nevenka**. In 2025, it produced **Sirât (Jury Prize at Cannes)**, **Los Tigres**, and **Los Domingos**. Upcoming projects include **El ser querido** by Rodrigo Sorogoyen and **La bola negra** by Javier Calvo and Javier Ambrossi.



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